



**SHARSHERET<sup>®</sup>**  
The Jewish Breast & Ovarian Cancer Community

# CARE PACKAGE LIST

## FOR WOMEN IN TREATMENT

**NEW ITEMS ONLY - CHOOSE 1-2 FROM EACH CATEGORY  
TO MAKE YOUR OWN BAG**

### **Activities/Writing**

- 1) Adult coloring book
  - a) Markers, thin, OR
  - b) Colored pencils
- 2) Sudoku
- 3) Journals
- 4) Playing cards
- 5) Travel games

### **Bath & Body**

- 1) Unscented travel-sized tissues
- 2) Paraben-free, unscented travel-sized hand sanitizer
- 3) Paraben-free, unscented travel-sized lotion
- 4) Paraben-free, unscented dry shampoo

### **Spa & Comfort**

- 1) Fuzzy slipper socks
- 2) Sleeping mask
- 3) Ginger Hard Candy, individually wrapped
- 4) Small box of Kosher herbal tea or individually wrapped tea bags
- 5) BPA-free water bottles/tumblers (no company giveaways, please)

### **Sharsheret Provided Materials**

- 1) Sharsheret Pen
- 2) Sharsheret Lip Balm
- 3) Breast & Ovarian Cancer Support Card
- 4) Cancer Support Checklist
- 5) Sharsheret plastic gift bag (large-sized)